

Apple, Apricot & Almond Bircher Muesli

4-6 portions | wf, v

Ingredients:

- 2 cups (290g) rolled oats
- 2 cups (520g) natural or Greek yoghurt
- 1 apple, grated
- 1/2 cup (100g) dried apricots, diced
- 1/2 cup (70g) roughly chopped almonds
- 1 tsp cinnamon
- 1/4 cup water

Method:

Mix all ingredients together in a large container then place in fridge overnight.

Best eaten within 3 days.

